

2016 World Cup May 14-15 Ottawa, Canada

IMPORTANT INFORMATION

Tournament Registration:

All registration MUST be done ON-LINE ONLY. Please visit www.lustaekwondo.com for further information; **registrati**on link is <http://www.tkd-events.com/Events/chitf>

Entry fee:

Early Bird Registration until April 10, 2016

- Color belt** \$60 CAD until April 10;
- Black Belt** \$65 CAD until April 10;
- Black Belt Team** \$200 CAD until April 10
- Obstacle Course** \$30 CAD ages 6 and under

Late Registration April 11 – 24 2016

- Color belt** \$75 CAD April 11 – April 24
- Black Belt** \$85 CAD April 11 – April 24
- Black Belt Team** \$300 CAD April 11 – April 24
- Obstacle Course** \$35 CAD ages 6 and under

**NOTE: Registration is closed as of April 24 12:00 midnight.
Absolutely no registration after this date**

BANQUET:

Featuring a Live band: \$50 Cdn please reserve your place at gmpaplu@gmail.com, tel: 1-613-266-5142; Capacity is limited to 100 tickets

HOTEL ACCOMMODATIONS:

Les Suites Hotel & Algonquin Residence group booking information:

Les Suite Hotel: 1-800-267-1989;1-613-232-2000; Fax:1-613-232-3646; reservation@lessuites.com. Group Reservation# CHOI2016. \$169/night + 13% HST , one bed room for up to 4 persons occupancy or \$239/night + 13%HST two bedrooms for up to 6 person occupancy.

Algonquin Residence: \$80/ night + 13%HST ; 1-613-727-7698 ext4995, Fax:1-613-727-7647, www.stayrcc.com , ottawawest@stayrcc.com; group name: International Taekwon-do world Cup

Reservation deadline: April 12th 2016

SPECIAL MASTERS TRAINING: Thursday May 12, 2016 4:00 – 6:00 p.m.

Cost: Free; Please register at www.tkd-events.com/Events/chitf

Black Belt Instructor Technical Training: Friday, May 13, 2016 4:00- 6:00 p.m.

Cost \$40 CAD; Please register at www.tkd-events.com/Events/chitf

EVENTS: Tournament begins at 8:00 a.m. sharp May 14 and May 15 Individual Patterns: Pyramid Elimination Point System

Patterns competition will be performed one by one in two rounds.

In the first round, each competitor will come forward, one at a time, and perform a pattern of choice at their level. Judges will provide a score out of 10 (explained below).

The top 4 competitors (top 4 highest scores) will move on to round 2.

Round 2 for **colour belt**: Colour belt competitors will perform their chosen pattern again. The scores will provide the 1st, 2nd, 3rd and 4th place winners.

Round 2 for **Black Belt**: Each competitor will perform 2 patterns. The first pattern is the competitors choice from their level; the second pattern is the designated pattern from the judges.

Note: All 2nd round competitors perform the same designated pattern.

The second round begins with the competitor that had the 4th highest first round score, followed by the 3rd, 2nd and highest first round score.

For the 4-6 Dan division, competitors must limit their chosen pattern to the 4th Dan Patterns Individual Pattern point system: Total of 10 points

1. 4 points for Power: determined by demonstration of their execution of the Theory of Power (reaction force, breathing, balance, concentration, mass, speed) and Training secrets
2. 4 points for Technical execution: determined by the demonstration of proper start & finish of techniques, correct stance, section, facing, lines, spirit.
3. 2 points for rhythm/diagram: muscle control (stiff or smooth), diagram, finishing position

Individual Sparring:

3 point system*, single elimination, competing 2X2.

Colour belt rounds: 1X 1.5 minute rounds, all rounds

Black Belt round: 1X 2 minute round; 2X2 minute rounds in the Final

*1, 2 or 3 points awarded based on accurate score on a legal target

Hand, Foot, head protection and mouth guards are mandatory; groin protection for all male competitors, worn under their uniforms

Obstacle Course:

This event is open to participants 6 years of age or under. In this event, participant will race the clock as they perform various basic techniques (punching, front kick, hammer kick..) and physical drills such as crawling, running, jumping over obstacles.

TEAM EVENTS: Black Belt Adult Men or Adult Women aged 18+: 5 Individuals Patterns: Pyramid Elimination System

One choreographed pattern of choice in preliminary rounds; top 4 teams move to 2nd round Designated Pattern in second round, all teams perform the same designated pattern

The second round begins with the team that had the 4th highest first round score, followed by the 3rd, 2nd and highest first round team score.

Team Patterns Point System: 10 points

3 points for power: determined by demonstration of the execution of the Theory of Power (reaction force, breathing, balance, concentration, mass, speed) and Training secrets

3 points for Technical Execution: determined by the demonstration of proper start & finish of techniques, correct stance, section, facing, lines, spirit.

4 points for Team work: Choreography, rhythm, timing, unity, muscle control

Team Sparring: Best 3 out of 5 wins; 3 point system (1, 2 and 3 points awarded based on accurate score on a legal target)

COACHES

Any Individuals wishing to coach are invited to register no later than April 10, 2016.**

**Please note: There can only be two coaches per school.

- Each coach must wear coaching attire: there will be no coaching from anyone wearing judging attire or a dobok.
- Coaches must wear their coaching ID at all times
- Coaches must be seated at all times while a match is in progress. Proper etiquette will be enforced
- Coaches are not permitted to dispute or argue with the Referees/Umpires/Judges
- If a problem occurs, coaches are encouraged to discuss the matter with the tournament director within 15 minutes of the circumstance
- Coaches contravening the above criteria will be removed from their coaching position
- Coaching passes are NOT transferable to another school member or affiliate

UMPIRES

Any individuals wishing to umpire at the World Cup are invited to register on line no later than April 1, 2016.

Remember...for registration visit <http://www.tkd-events.com/Events/chitf>